HPU DOCTOR OF PHYSICAL THERAPY Las Vegas Travel Guide

CREATED BY STUDENTS, FOR STUDENTS





Welcome

This guide was shaped by real student feedback. It has everything you need to plan your lab immersion including travel tips, where to stay, what to do, and what to expect.





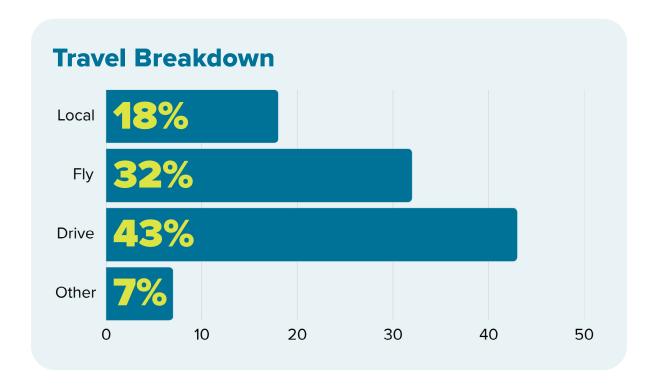
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Getting to Lab: How Students Travel

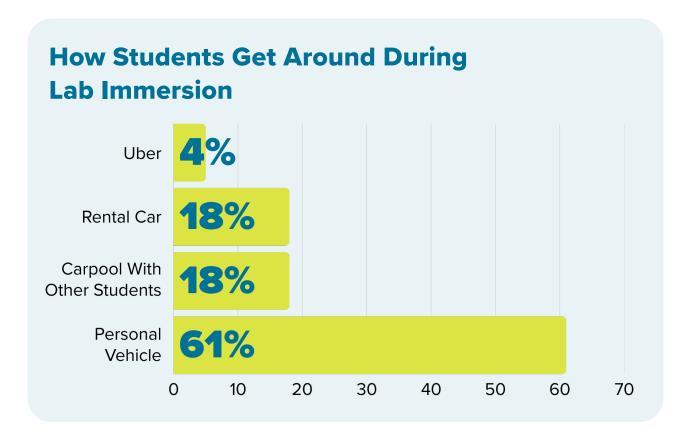


- "Plan ahead and have a routine when planning."
- "Get Airbnb's situated ahead of time to get better deals."
- "Build connections with classmates and share an Airbnb together. This will help you financially and academically since you will be studying together."





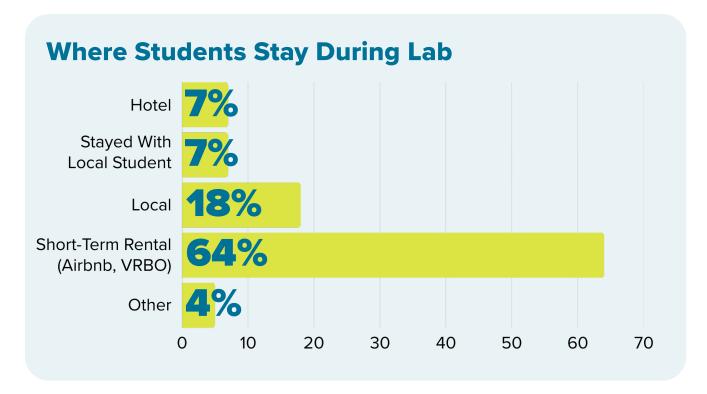
Transportation in Town



- · "Convenient that facility is off major freeway, making it easy to get to with rush hour traffic."
- "Choose a group that includes someone confident driving in big cities."



Lodging Options

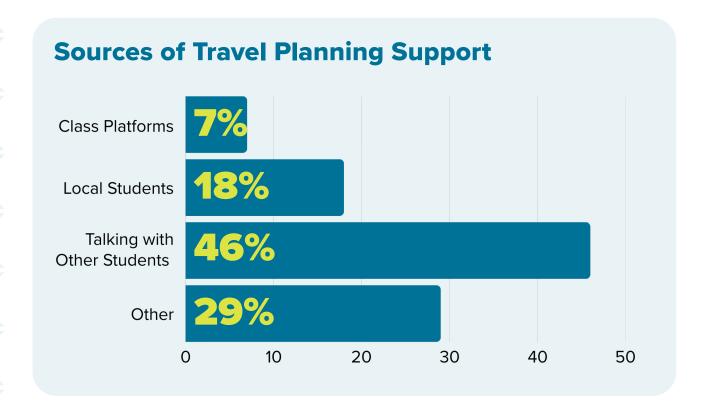


- "I stay on the strip most times and have things pre planned before coming to Vegas."
- "Communicate with other students about everything."
- "Please book in advance, prices go up, especially for summer. Everyone wants to travel to Vegas."





How Students Plan Their Travel

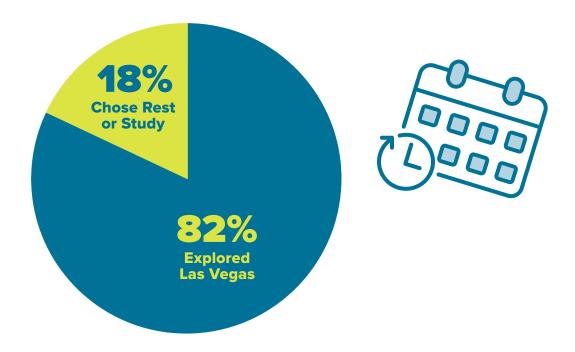


- "Plan early, book with students that will inspire and build you up! These peers will be your future colleagues and lifelong friends if you find the right team."
- "Get close with some classmates and start a group chat."
- "Stay connected early. Planning with others helps reduce food and travel costs."



Free Time

During their lab immersion, the vast majority of students found time to enjoy the unique energy and experiences of Las Vegas



- "Whatever your cohort plans for activities, don't be afraid to throw suggestions in and engage. Get what you put in!"
- "Get on TikTok and find places."
- "There are a lot of cool places in Vegas to explore. The strip is amazing!"

Recommendations

Food

- <u>Durango Casino</u>: they have local restaurants inside and do "Aloha Fridays" for Hawaiian culture
- Cafe Lola: serving afternoon Tea, Coffee, Breakfast, Brunch
- Sushi Neko: offering all you can eat sushi rolls

Activities

- Chicken N Pickle: lively venue combining pickleball courts, yard games, and a restaurant serving casual eats and drinks
- Mini Golf: fun, themed indoor and outdoor courses offering a playful escape for all ages
- Shark Reef Aquarium at Mandalay Bay: immersive aquarium featuring sharks, sea turtles, and exotic marine life in a unique underwater environment
- Red Rock Canyon National Conservation Area: stunning desert landscape with hiking trails, scenic drives, and rock formations just minutes from the Strip
- Sport Events: home to professional football, hockey, basketball, and more, Las Vegas hosts year-round sporting action
- Wynn Las Vegas (Shows): luxury resort known for world-class performances, from acrobatics to headline musical acts
- Chinatown: cultural district filled with authentic Asian dining, shops, and hidden gems beyond the Strip
- <u>Bodies | The Exhibition</u>: museum showcases real full-bodies and organs, providing a detailed, three-dimensional vision of the human form
- Walking the Strip: vibrant experience with neon lights, casinos, themed hotels, street performers, and endless entertainment



Final Prep & Packing Guide

Packing Checklist Essentials

- Photo ID and student ID
- Laptop and charger
- Comfortable walking shoes
- Weather-appropriate clothing (warm days, cold nights)
- Refillable water bottle
- Laundry supplies (many short-term rentals do not include them)

- "Pack lunches to save money instead of eating out daily.
 Takes a little prep in the week or on Sunday night, but well worth it in long run."
- "Travel early on the day before so you can catch later flights if there are delays or cancellations."

